**General Physical Education / Team Sports Syllabus**

**Wheeler High School (2017)**

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***Course Description:***

This course is designed to develop the students’ knowledge and skills in physical education to help the student understand basic team sports and physical activities that they can use in lifetime or recreational activities. Students will also develop leadership skills and improve movement skills and coordination.

***Georgia State Physical Education Standards:***

**Standard 1:** Demonstrates competency in motor skills and patterns needed to perform a variety of activities.

**Standard 2:** Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.

**Standard 3:** Participates regularly in physical activity.

**Standard 4:** Achieves and maintains a health enhancing level of physical fitness.

**Standard 5:** Exhibits responsible personal and social behavior that respects self and others in physical activity.

**Standard 6:** Values physical activity for health, enjoyment, challenge, self-expression, and social interaction.

***Physical Education Units:***

* Unit 1 – Flag Football
* Unit 2 – Invasion Games (Lacrosse, Hockey)
* Unit 3 – Net Games (Volleyball, Pickleball, Badminton)
* Unit 4 – Basketball
* Unit 5 – Soccer
* Unit 6 – Speedball
* Unit 7 – Field Games (Whiffle Ball, Kickball)

***Classroom Expectations:***

* Dress out in ***appropriate attire*** every day of class (*NOTE – dress according to the weather, as class can be held outdoors, weather permitting*).
* Active participation in daily physical education activities in classroom or in the field.
* **ALWAYS** stay with your class (Gym, Track, Game Field, Practice Field, Wrestling Room, Weight Room). Students that leave the area without permission will be written up for skipping and/or out of area.
* Each student is responsible for any personal items brought to class. (Cell phones, money, clothes, etc.)
* No one can leave class for any reason during the first or last 15 minutes of class time.
* Be respectful to others. (Bullying will not be tolerated – Physiological or Psychological)

***Grading Policy: Grading System:***

A = 90 – 100 Dress/Participation = 50%

B = 80 – 89 Unit/Skill Test = 30%

C = 74 – 79 FitnessGram = 10%

D = 70 – 73 Final Exam = 10%

Failing = 0 – 69

***Tardy Policy:***

A Tardy is defined as not being in the Classroom / Gym when the tardy bell rings. **Students will be marked tardy if they show up after the bell rings without a pass.** If a student is tardy to class without a pass after 10 minutes of class, the student will get a referral for skipping turned into their administrator.